



**Modern lighting systems  
which put human needs in the foreground**

**Daniel Föger**

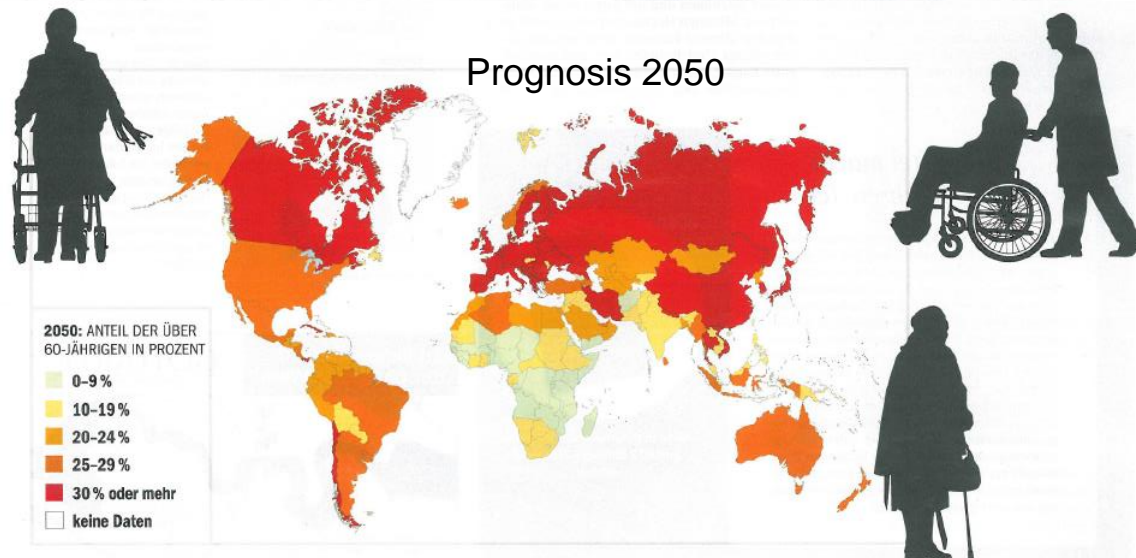
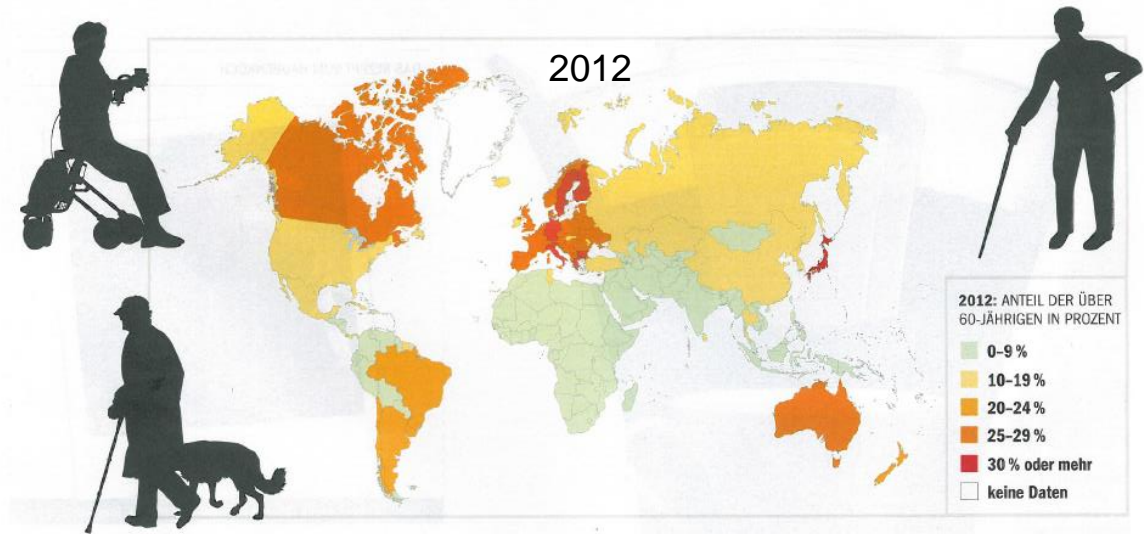
# Outline



1. Introduction
2. New lighting concept
3. Implementation in research projects
4. Conclusion

# Demographic change

UNO-Report

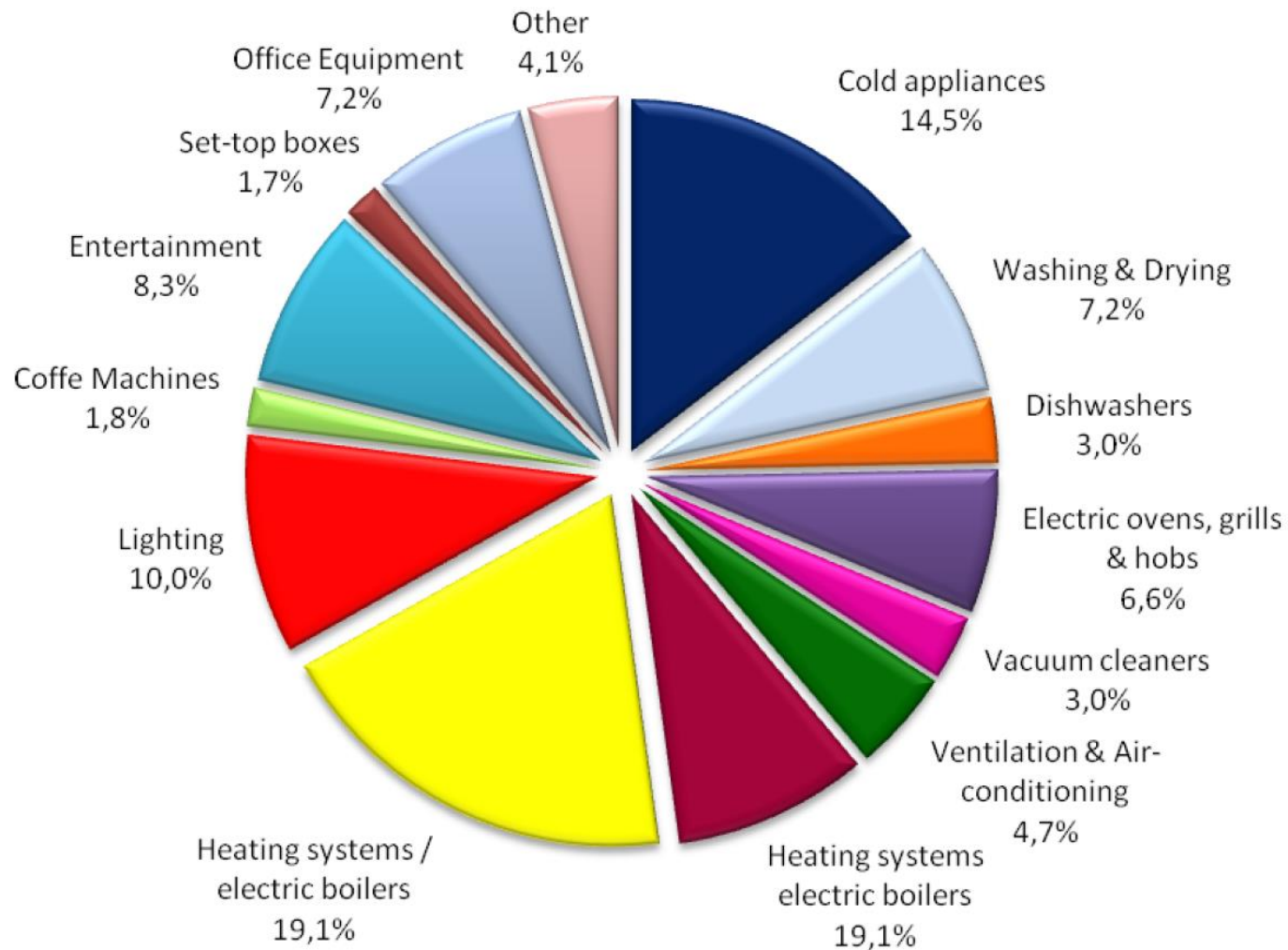


Quelle: UNDESA; Grafik: Clemens Heidegger

# Residential electricity consumption



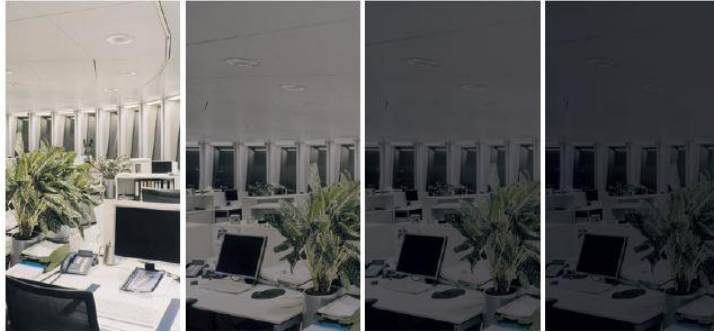
EU-27



Source: JRC (2009)

# Needs of elderly people

25 years    45 years    60 years    85 years  
ca. 0,84    ca. 0,62    ca. 0,47    ca. 0,29

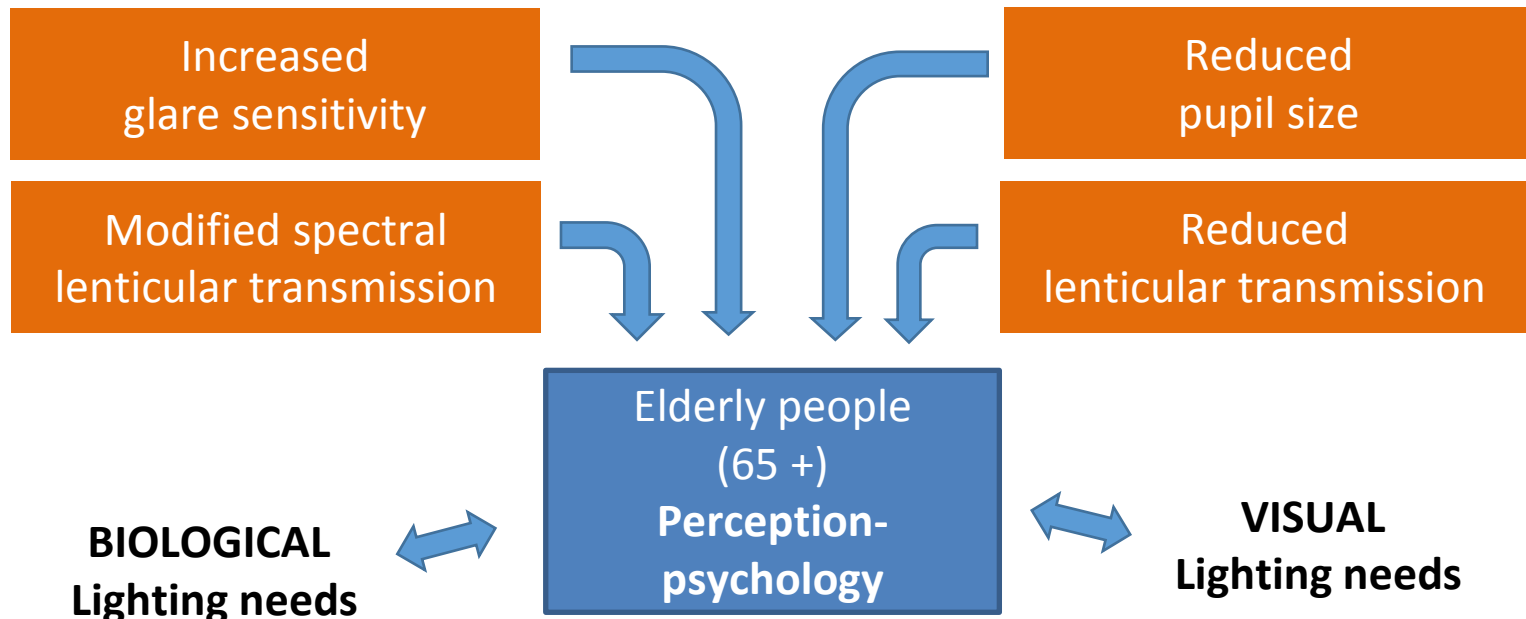


Brightness perception

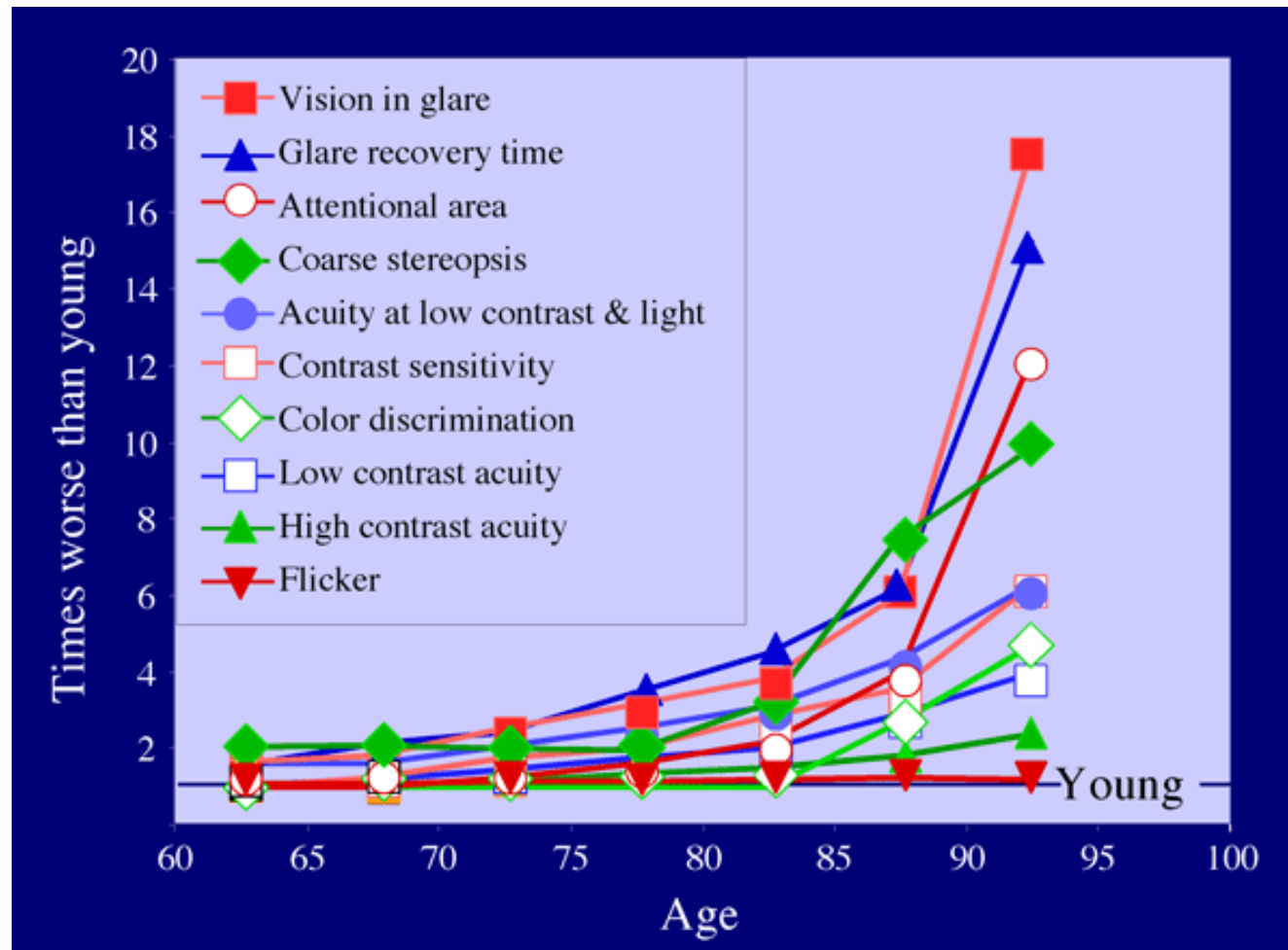
25 years    45 years    60 years    85 years



Color perception



# Needs of elderly people



Brabyn JA, Schneck ME, Haegerstrom-Portnoy G., and Lott L. The Smith-Kettlewell Institute (SKI). Longitudinal Study of Vision Function and Its Impact Among the Elderly: An Overview, *Optom Vis Sci.*2001; 78(5):2464-269.

# As it is - lighting in dwellings

## General issues

- Diffuse light
- Low brightness
- Dark corridors
- Inhomogeneous illuminance
- dark surfaces



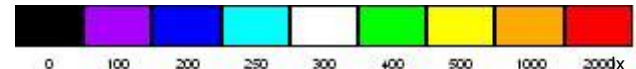
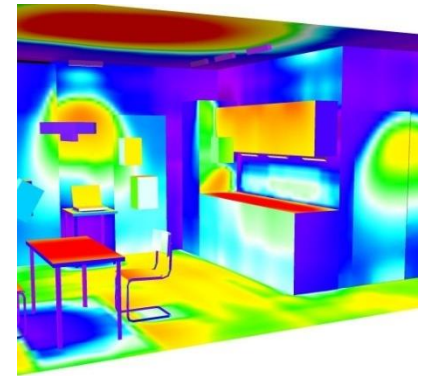
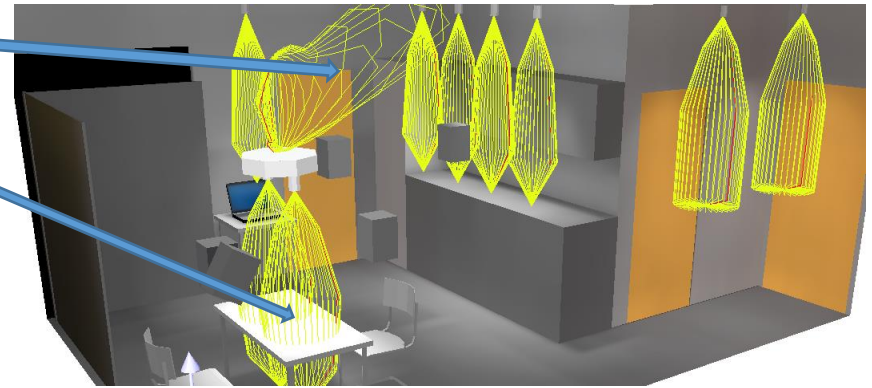
Low Illuminance of the working area **< 250lx**

# **New lighting for fulfilling human lighting needs in (smart) domestic appliances**



# New lighting concept

1. Split into ambient light  
zonally task light
2. Control curve adjusted to individual circadian rhythm
3. Automated switching due to presence (PIR sensors)
4. Manually overriding by customer



# Light concept for elderly people



## Higher light demand (intensity)

=> task area up to 3000lx, general lighting 300lx

## Higher glare sensitivity

=> non-glaring luminaires for task areas

## Higher brightness homogeneity

=> uniform ambient lighting through indirect ceiling lighting

## Individual time-dependent variation of light intensity and light colour

=> clear day/night signals: 4000K / 2200K and intensity variations

# Implementation in research projects

# Ambient Light Guiding System for the Mobility Support of Elderly People (Guiding Light)

# System architecture (wireless)

„Guiding Light“



Lighting



Motion Monitoring

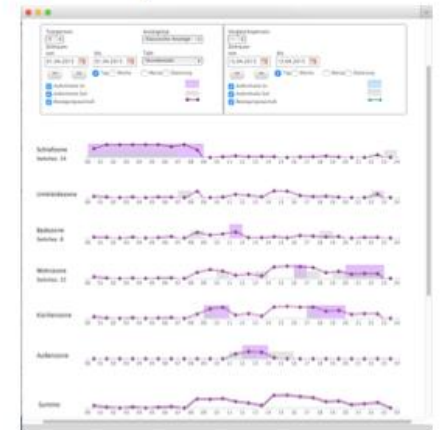


Home Automation

Light Editor

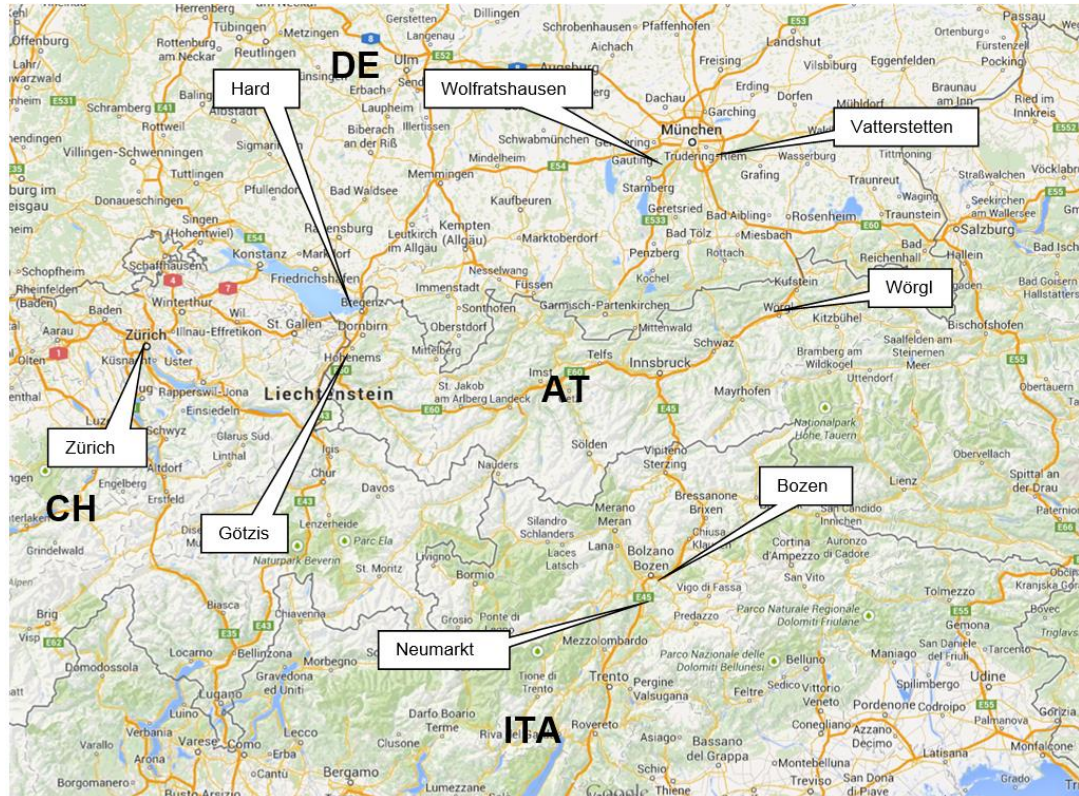


Mobility Monitor



# Demo cases in Guiding Light Project <sup>B</sup>

11 households (and control group of 8)



## Guiding Light

Partner

**myVitali**

**TRIDONIC**  
enlightening your ideas

**apollis**

**YOU|SE**

real users, real innovation

**FHV**  
Vorarlberg University  
of Applied Sciences





# Privat houses – primitive state



# Privat houses – with Guiding Light





# Results - survey

- Better (dynamic, glare free) light in homes contributes significantly to the subjective feeling of **well-being and quality of life**.
- Light is a subtle, in the background acting factor, which is overlaid by a variety of short-term, acute factors (e.g. disease, stroke of fate, conflicts, worries)

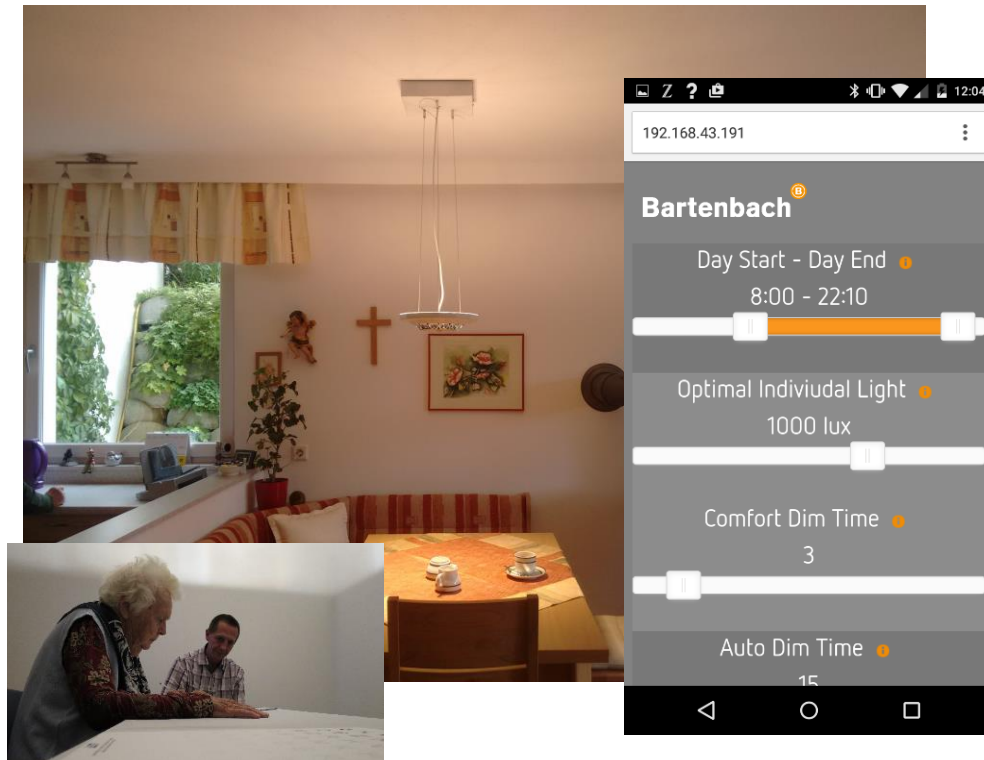
**-> Selected findings** on the following slide

# Selected findings

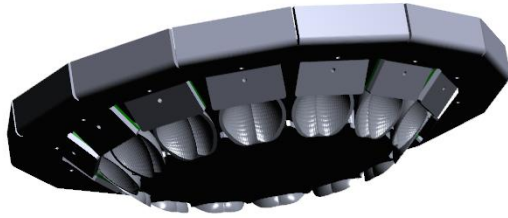


- Automatic light in windowless rooms (bathroom, corridor) is expressly desired (residential area problematic)
- Biologically effective light at constant energy costs (compared to the primary situation)
- 2200K (“extreme warm white”) perceived as pleasant and accepted
- Zonal “task lighting”: high intensities preferred

# Light4U



2014-2016



- Adaptive CCT-Curves (2200K-4000K) and LUX-Levels (0-4000lx) producing individual day-night signals
- PIR-Sensor sustains visual needs during daytime
- Power of 60W
- Decentralized architecture (No Cloud, No Gateway) with EnOcean switch
- Open Source Solution written on Python (@Raspberry PI)

# MARS-Test – Contrast-Sensitivity



horizontal without shading



horizontal with shading



vertikal without shading

**Goal:** Measurement of the visual absolute threshold

# Laboratory study



RDB-Version



COB-Version



Standard-Version



## Horizontal Illuminance Levels

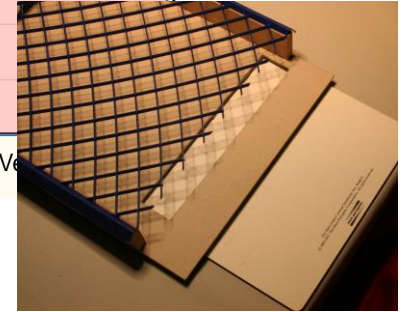
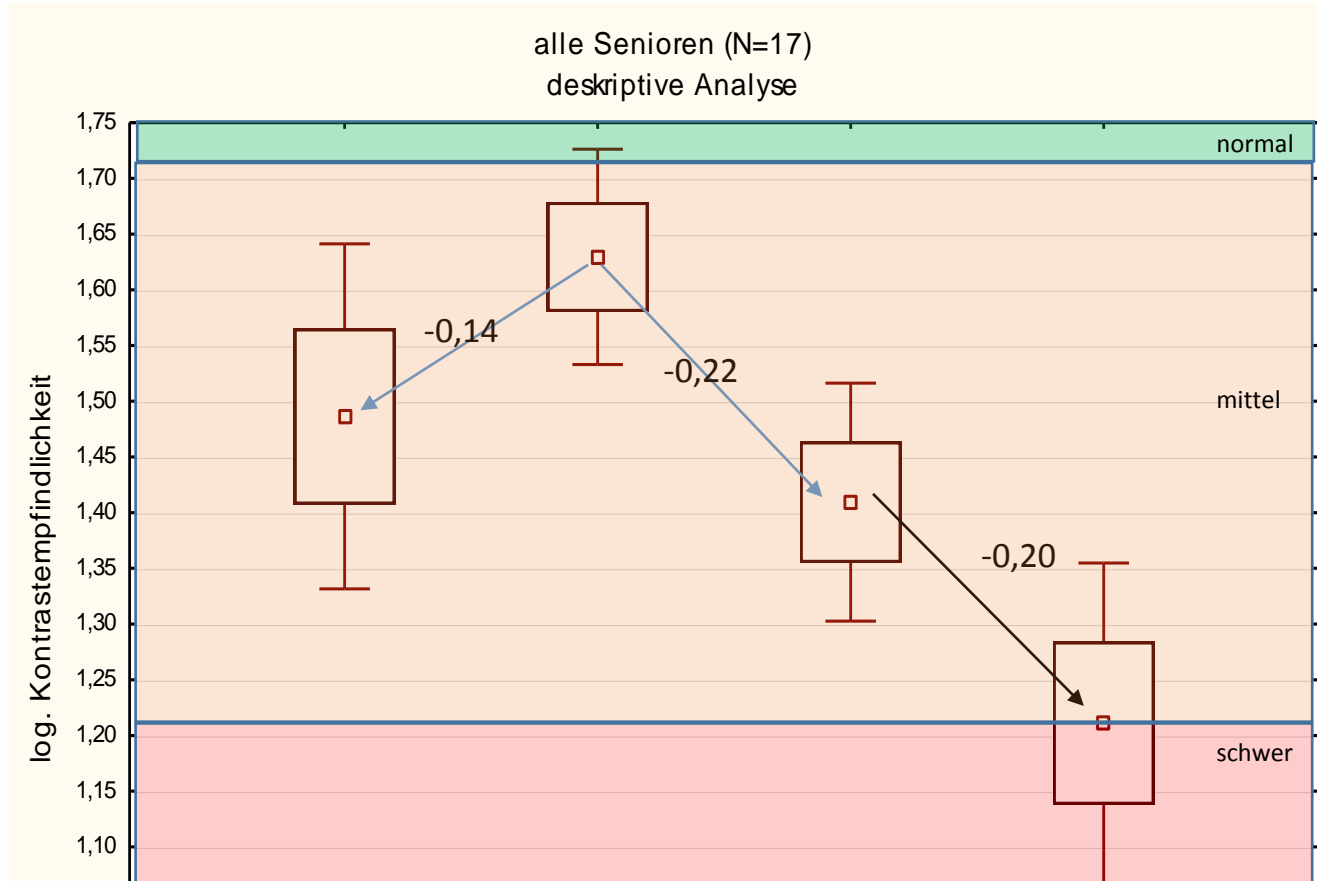
RDB	4050 lx
COB	120 lx bzw. 4050 lx
Standard	120 lx



# Test-Mockup



# Results Summary





# Summary of findings:

## Percieved Brightness:

Glare free lighting systems allow **very high brightness levels (here up to 4000lx)** on task areas. The high illuminance level can compensate negative effects from age-related loss of vision slightly.

## Shading:

Elderly people try to improve their vision by reducing the typical visual-distance. Shadows therefore are produced on the task area. These shadows have a strong negative influence into the contrast sensitivity. The **creation of shadows and especially multiple-shadows has to be avoided.** Shadows are having a stronger effect on the visual performance than typical glare effects.

## Glare:

**Diffuse emitting lighting systems with very high luminance levels** reduce the visual performance and **have to be avoided.**



# Thank you for your attention.

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Guiding  
Light

Light4U